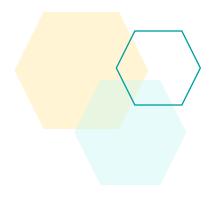


FEC NEWSLETTER SEPTEMBER / 2024 / ISSUE#1



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# **CHANGING SEASONS**

### BY TRACY LIST, FEC EXECUTIVE DIRECTOR

This is such an interesting season. End of summer heat waves. Cool crisp mornings. Back to school with new routines. Pumpkin spice everywhere you look!

Fall is coming and that means change. Change can be challenging. As a parent, life is a continuous change as we help our little people grow and develop.

Change can be hard. I remember when I was struggling to get my 4year-old to potty train. Some days she'd say, just let me wear the pull ups! It seemed to never end. But my days of pull ups are long gone, now my nine-year-old is turning into a tweenager and testing all the boundaries. So much like the two-year-old tests and tantrums. Every stage has its challenges, and they pass, I haven't thought of pull ups in a long time. If your current season feels overwhelming, we have...

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resources that can help! Talk to your FranDelJA team – your teacher or site supervisor (as sometimes we just need someone to talk to). Or they can help you connect with those who can help with your specific needs.

FranDelJA has had a few recent seasons of change. Our beloved co-founders Sandra and Gladys retired, then Gladys passed away. We moved out of our 20-year site, combining the teams and families to one site at Fairfax. We joyfully celebrated graduation and welcomed new children to start in our care!

We are headed into another season of change. FranDeIJA Enrichment Center Board of Directors is pleased to announce the purchase of a building to become a new childcare center! Located at the corner of Ingles and Oakdale, the center will continue to serve the families and community of Bayview Hunters Point. This season will take some time, from design to permits to construction this will feel like forever (like potty training). But we will celebrate at completion, the struggles will become memories, and a new season will begin again -when we can celebrate graduations and welcome new families to FranDeIJA!

[READ FROM OUR WEBSITE]

## **MORNING DROP-OFF REMINDER**

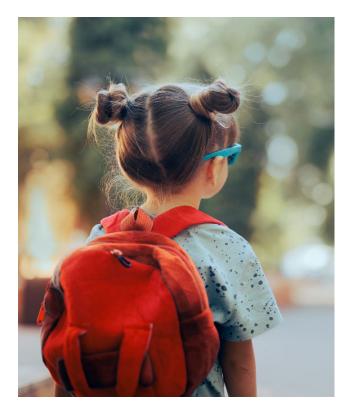
# BY JEFF VESSELS, FEC FAMILY SUPPORT & ENROLLMENT COORDINATOR

This is a friendly reminder that we would like your child to be dropped off at the center by 9:30am. This is to enable your child to fully participate in our school program. If you are going to be late, please contact the school at (415) 822-1699, before 9:30am to let us know your estimated arrival time. Please also know that we finish our breakfast food service at 9:30am, so if you are going to be arriving after 9:30am, please make sure you have given your child something to eat prior to arriving at the center.

Also, when signing in on the iPad please sign your full name. This is a requirement for our state funding. Please do not allow your child to sign themselves in for you.

[READ FROM OUR WEBSITE]





## HELPING YOUR CHILD TRANSITION BY TEACHER VERNEE, FEC MASTER TEACHER

As the new school year approaches change can be difficult for families. Some families will have concerns about their child going into a new classroom, while others will have concerns about their child starting a whole new school and being in a new environment. There will be days when drop off is smooth and there will be days when drop off is bumpy. Just remember that this takes time and that consistency is key! Here are some tips to help you along your new journey:

#### **New Students:**

Have your child come with you on the day of the tour so your child can see the school, the classroom, and meet the friends.

#### [READ FULL ARTICLE FROM OUR WEBSITE]



# **7 BENEFITS OF READING TO YOUR CHILD**

### **BY TEACHER BIBI, FEC MASTER TEACHER**

- 1. Bonding Reading is a nice way to spend time together and wonderful opportunity to connect with your child.
- 2. Listening Skills Comprehension is dependent on paying attention. Reading aloud builds listening skill for children. You can add voices, puppets and movement. Books on tape are a great addition for your reading time.